

Tropical Twist Invite

February 13 - 14, 2010

Girls USAG Levels 4-10

Come join us at the 2010 Tropical Twist Invite! We are planning a fun, competitive meet. There will be gifts for the athletes, concessions on sale all day plus a coaches' hospitality room. Prizes will be awarded to the most tropical dressed team, coaches, and judges!

HOSTED BY:

Central Minnesota Gymnastics Association

HOST GYM:

Granite City Gymnastics

MEET DIRECTOR:

Tommy Rodine, assisted by Correne Keefauver and Linda Voigt

QUESTIONS:

Email tropicaltwist@centralmngymnastics.com or call 320-248-2517; 320-250-9634

LOCATION:

Apollo High School
1000 44th Avenue N.
St. Cloud, MN 56303

SANCTIONED BY USA GYMNASTICS

ENTRY DEADLINE:

Postmarked by Friday, January 2nd, 2010
Late entries and exchanges will be charged \$5.00 per athlete

ENTRY COST:

Levels 4-6 \$65
Levels 7-10 \$80
Team \$45

PLEASE MAKE CHECKS PAYABLE TO:

CMGA (Central Minnesota Gymnastics Association)

MAIL TO:

Granite City Gymnastics
Tropical Twist
806 Sundial Drive
Waite Park, MN 56387

AWARDS:

There will be individual, all-around, and team awards for levels 6-10
There will be event ribbons, participation medals, and team awards for levels 4 & 5

EQUIPMENT:

All meet equipment is F.I.G. approved

GENERAL ADMISSION:

Adults \$7.00, seniors and children 5 and up \$5.00, children 4 and under free

LOCAL AREA HOTELS:

Best Western Americanna Inn 320-252-8700
Americinn Motel & Suites 320-259-0877
Holiday Inn & Suites 320-253-9000
Radisson Suite Hotel 320-654-1661